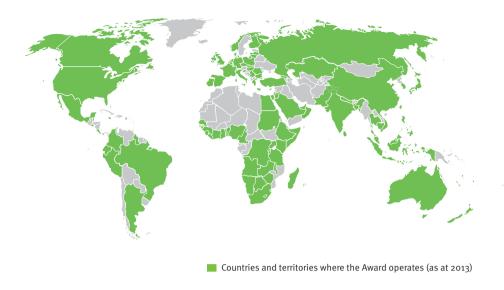
About the Award





One world, One Award



The Duke of Edinburgh's International Award is the world's leading youth achievement award, equipping young people for life. Over the past 60 years, the Award has transformed the lives of millions of young people in more than 140 countries and territories worldwide.

The names of individual Award Operators often differ from nation to nation, but the Award and its unique reputation with employers, policy makers and leaders in society remain unchanged and consistent.

Who can take part in the Award?

The Award is available to all young people aged 14 to 24. It is voluntary, non-competitive, enjoyable and balanced, and requires sustained effort over time. The Award encourages young people to design their own programme of activities, set their own goals and challenge themselves to achieve their aims.

What is involved?

There are three levels to the Award:



BRONZE

For those over 14 years. 6 months minimum participation.



SILVER

For those over 15 years. 12 months minimum participation.



GOLD

For those over 16 years.
18 months minimum participation.

Each level of the Award has four sections:

Service

Participants volunteer in their communities, make a positive contribution to society and demonstrate social responsibility.

Physical Recreation

Encourages young people to improve their fitness and performance, and enjoy healthy lifestyles for good mental and physical well-being.

Skills

Enables participants to develop their talents, broaden their abilities, increase their self-confidence and improve their employability.

Adventurous Journey

Young people discover a spirit of adventure and gain a deeper understanding of the environment and the great outdoors.

And at Gold level only: Residential Project

Participants broaden their experience by staying in an unfamiliar environment with other young people, taking part in a worthwhile project and building new relationships.

What next?

To find out more about the Award and its impact, or to get involved, visit our website: www.intaward.org or connect with us by social media.















